

CNSC

NEWSLETTER

October, 2011
Dan Karig, Editor

CO-PRESIDENT'S COLUMN

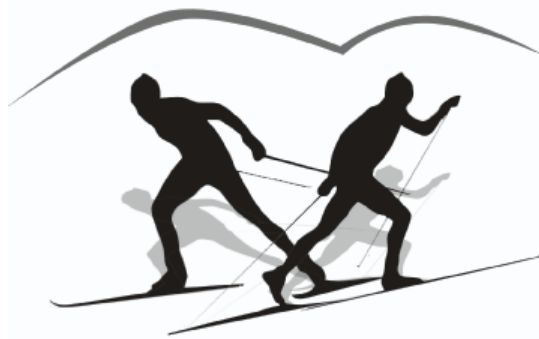
The upcoming ski season will kick off in usual fashion with the CNSC fall dinner and meeting November 11. Now I know that my first posting on the listserve about the meeting caused confusion since I said the date was 11/11/30. This caused Membership Officer Gretchen to reschedule her daughter Tala's college graduation party. I think Tala is about 7 now. It caused others consternation that I was following in Tob's footsteps and was planning to retain an iron-fisted grip on the presidency. Still others thought that the announcement was actually written by Dan, who was having a mental lapse and thought we were scheduling the fall 1930 meeting. None of this is true—it will be on 11/11/11 (further details herein). In addition to the usual pre-dinner imbibing and schmoozing, we'll have the usual dish-to-pass dinner and a business meeting with officer elections. This is your chance to turn Co-President Sebring into President Sebring. A new twist in the meeting will be the ski swap. We don't know how extensive this will be, but we thought we'd give it a try.

Don't forget to renew your membership at the meeting—same price as last year--\$5 for individuals and \$10 for families. A membership card gets you discounts on ski stuff at some of our nearby stores. Also, Co-Prez Sebring has negotiated team rates for club members at Berkshire outfitters. No need to be on the "race team"—just need to be a CNSC member.

We recently held an executive meeting where we discussed all the good stuff on this season's agenda. They include tours (please sign up

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CAYUGA NORDIC SKI CLUB



ANNUAL FALL DINNER MEETING

Friday, November 11th, 6PM, Ellis Hollow Community Center

As has long been the custom, the Cayuga Nordic Ski Club will have a dish to pass dinner meeting to start the season and to plan for the club events during the coming winter.

We plan to open the doors at 6:00 and to start eating as soon after 6:30 PM as possible. The business meeting will follow and will also be short.

The club will provide tea, coffee and some sort of juice, but nothing alcoholic (BYO). We will also bring roast chicken or turkey. Each member or family is asked to bring some sort of main dish, salad, dessert, or snack/dip. Please bring your own cutlery, cups, and plates.

Note the change of venue, which will allow us to indulge (responsibly) in licenced beverages. The Community Center is at 111 Genung Rd, just north of Ellis Hollow Rd, and is about 4 miles east of downtown Ithaca. Coming from town, out Ellis Hollow Rd, turn left on Genung Rd and the Center is on your right.

Kids, especially those who were in Yvette's ski group, are welcome and should bring their parents!

President's Column; Continued

with Jack V. at the meeting to lead one), the now-annual BREIA trip coordinated by Lois, a possible trip to Gatteau, children's Koch League activities (which we hope Yvette will again lead), ski and wax clinics, and the club race at Hammond Hill (January 8, 2012).

Oops; almost forgot. Tusen takk to all the club members who turned out for the Hammond Hill trail remediation. There were lots of people and lots of work to do.

Hope to see you all at the dinner,
Jack Rueckheim, Co-President

CNSC Executive Meeting

By Tom Sebring, Co-President

On October 14th an Executive Committee Meeting of the Cayuga Nordic Ski Club (CNSC) convened to discuss plans for the upcoming season. The following are notes and actions taken from that meeting.

Overall objectives for the year;

- Increased membership with a goal to keeping the CNSC growing at a healthy pace.
- Introducing more young people to skiing in recognition that the average age of the club is not getting younger and we would like to see the next generation of Nordic skiers growing.
- Develop better connections with Cornell, Ithaca College, TC3, etc. to leverage their recreation programs, availability of rental equipment, and as a source for younger skiers to join CNSC.
- Better publicize CNSC events by having more notices in papers (Ithaca Journal and the various

University publications.

Schedule:

- CNSC Fall Meeting; Friday, 11 November 2011 at Ellis Hollow Community Center
- CNSC Race: 08 January 2012
- Lois Chapin's Boonville Weekend: 18-19 February 2012
- Gatteau Ski Trip: 16-18 March 2012
- Tours: TBD, Jack Vanderzee will email all previous tour leaders and provide a draft schedule of tours at CNSC Fall Meeting.
- Classes and Clinics:
 - Beginners Clinics: Gretchen Rymarchyk agreed to organize and conduct the Beginner's clinics as last year. This is to be a series of three ½ day classes. Work to be done identifying sources for rental

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CLUB OFFICERS

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skis and need volunteers to help teach. Dates for these TBD per Gretchen by CNSC Fall Meeting.

- Classic and Skate Ski Clinics: We assume that LiLynn Graves will do the skate clinic and Dan Karig will do the Classic Clinic at the Swandrome as in previous years. Dates will be picked in close proximity for best ski conditions. Jack R. to follow up on this.
- Bill Koch League Children's Clinics: We assume that Yvette De Boer will do these again. They were not "official" CNSC events, but CNSC can provide additional support via instructors, etc. per Yvette's desires. J. Rueckheim to contact Yvette and see if we can get tentative dates for these.
- Backcountry/Telemark Clinic: There was interest in having this clinic, and Carl Wharton's name was put forward as someone who could probably lead this. It would cover equipment, off-trail ski technique, and a couple of hours telemark practice on a suitable hill. TBD who will contact Carl wrt this. Venue and dates TBD.
- Wax Clinic: Sebring will reinstate the Wax Clinic which was cancelled last year. Date TBD by the time of the Fall CNSC meeting.

Trips and Tours and Race

- Louis Chapin picked the dates for the Booneville BREIA Weekend as 18,19 February. This is President's Weekend, and hence reservations for lodging should be made early.

Lois will provide information for the CNSC Newsletter

- It was resolved that we would work to organize a Gatineau Weekend for 16-18 March. We agreed to try to find suitable lodging for 8-12 participants and then try to fill that. Sebring has responsibility for organizing this and advertising it.
- Tours: Jack Vanderzee agreed to be responsible for signing up Tour leaders and developing an initial schedule. He agreed to provide a list of previous tour leaders and the trips they led so that we have that database to work from in the future. It was felt that we should ask Todd Miller whether he will have his tour in McGraw again.
- Ernie Bayles and Jack Rueckheim took responsibility for organization of the CNSC Classic Race.

Equipment

- Berkshire Outfitters (Adams, MA) has agreed to provide their team pricing to the Cayuga Nordic Ski Club. They can be found online and have a full range of equipment from backcountry to basic touring and elite racing. Their price list is forthcoming and will be posted on the CNSC website when received.
- It was resolved to conduct a gear swap in conjunction with the CNSC Fall Meeting. In concept, people with gear to sell or swap would bring it to the meeting. Asking prices and the owner's name should be

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tagged on the equipment. We can probably put all the equipment along one wall and let people peruse it at their leisure. We probably need a section of the meeting when people can converge to haggle and swap. Someone needs to step up to organize this. As a goal we'd like to see a lot of kids ski gear if possible.

- Joan Jedele will list all shops which give a discount to CNSC in the newsletter.

Swandrome:

- Glenn and Marcia graciously said that they intend to continue to make the Swandrome available for skiing.
- Glenn said that the grooming equipment had broken at the end of last season and would need some repair.
- It was resolved that we would post a request for donations from people when skiing the Swandrome to defray cost of gasoline and equipment. The "Mailbox" needs to be identified and

notes in the newsletter used to advise users.

- The snowmobile may need some tuning for the season, Sebring is to work with Glenn on this.
- We may need to train 1-2 more groomers as Glenn foresees some travel to Virginia during this winter. Ernie Bayles expressed interest.
- The club may elect to make a financial contribution to support use of the Swandrome (TBD)

Other:

Marilyn could not attend this meeting and so there was no specific discussion of the website. Marilyn can probably derive from this report what things ought to bubble up in the website.

- Newsletter: Brief discussion of the newsletter (electronic vs paper) It was kind of left that the first issue of the newsletter would be sent in paper as well as electronic form and subsequent issues would be electronic only.
- Recruiting: Sebring has the action to update the trifold brochure and have sufficient copies printed. A "few" members of the executive committee

will split these up and place them in stores, gyms, etc. around town. We might have some available at the Fall meeting for people who live outside the Ithaca area and could place them more widely.



A small fraction of the work crew on Hammond Hill, Saturday, October 15th

Cayuga Nordic Ski Club Membership Form for 2011-2012

Enter your information and then print the form, or save the file, enter information and print later– then sign the waiver and mail the form with your check

Names: _____ home phone _____

_____ work phone _____

_____ Address _____

email: _____

Membership class and fee:

New renewal individual (\$5/yr) family (\$10/yr)

Nordic skiing interests:

touring racing ski orienteering other

please check all that apply:

- Do NOT include me in the January 2011-12 edition of the club directory
- I prefer to receive the newsletter electronically
- I'm willing to lead or co-lead a ski tour
- I'd help with the Cayuga Nordic Classical race
- I'd like a membership card sent to me.

Qualifications/restrictions and instructions:

1. Sign waiver below. Those who are under 18 years of age must have a parent or legal guardian co-sign.
2. Each family member over 18 must sign below. If necessary, us extra forms.
3. Checks should be made payable to the Cayuga Nordic Ski Club
4. Mail completed form with check to:

Cayuga Nordic Ski Club

487 Ringwood Rd.

Freeville, NY 13068

Waiver

In consideration of my being accepted as a member of the Cayuga Nordic Ski Club, I do hereby waive for myself, my heirs, executors, administrators and assigns of all claims and rights for damages I might have against the Cayuga Nordic Ski Club, its agents, representatives and assigns for any and all injuries suffered by me, including death, or for damages to skis or personal property while participating in the races, tours, clinics or other events sponsored or organized by the aforementioned club. This also pertains to travel to and from the starting point of any such event. I further certify that I have no physical defect or weakness that might make participation in these events harmful to me.

Signature(s) _____ Date _____

Cayuga